



IA Program Details

Industrial Athlete (IA) Injury Prevention Program:

What it is: Systematic cultural adjustment targeting line staff focusing on safe body mechanics, job specific stretching, and maximizing proper tool use.

Why it works:

- Long term strategy (cultural change is not quick)
- Melds health philosophy with corporate and plant strategies
- Adapts to cultural message
- Uses facility specific materials / Uses current plant resources

Deliverables:

1. Roadmap plan outlining the goals and tasks for each month
2. A monthly GANTT report outlining status goals and tasks
3. Template of appropriate and functional stretching posters and hand-outs

This is a two-year commitment as change, especially a cultural change, is a process.

Doctors of Physical Therapy saves our clients hundreds of thousands of dollars each year on workers' compensation, healthcare and related costs.

Call DPT On-Site today to discuss a program for your company 630-675-1296



**Focus on
Prevention**
www.DPTonsite.com

Mission Statement

Doctors of Physical Therapy is committed to providing evidence based, research supported treatment and results delivered in a one-on-one, patient oriented environment, which provides the highest quality service delivered by a Physical Therapist.